

American Women

Powerlifting

Sub-Masters (35-39)

97lbs/44Kgs

Squat	Cathy Solan	100.0	Kg	220.5	lbs	7/12/1997
Bench	Cathy Solan	47.5	Kg	104.7	lbs	7/12/1997
Deadlift	Record Open	0.0	Kg	0.0	lbs	
Total	Record Open	0.0	Kg	0.0	lbs	

105lbs/48Kgs

Squat	Susie LeLand	97.5	Kg	214.9	lbs	5/19/1995
Bench	Susie LeLand	47.5	Kg	104.7	lbs	5/19/1995
Deadlift	Karyn Becerra	122.5	Kg	270.1	lbs	7/12/1997
Total	Susie LeLand	255.0	Kg	562.2	lbs	5/19/1995

114lbs/52Kgs

Squat	Mary Jeffrey	175.0	Kg	385.8	lbs	3/14/1998
Bench	Mary Jeffrey	105.0	Kg	231.5	lbs	3/14/1998
Deadlift	Mary Jeffrey	135.0	Kg	297.6	lbs	3/14/1998
Total	Mary Jeffrey	445.0	Kg	981.0	lbs	3/14/1998

123lbs/56Kgs

Squat	Susan Rinn	145.0	Kg	319.7	lbs	6/24/2000
Bench	Susan Rinn	100.3	Kg	221.0	lbs	6/24/2000
Deadlift	Teresa DeVoltz	187.5	Kg	413.4	lbs	5/14/1993
Total	Teresa DeVoltz	400.0	Kg	881.8	lbs	5/14/1993

132lbs/60Kgs

Squat	Teresa DeVoltz	137.5	Kg	303.1	lbs	5/19/1995
Bench	Teresa DeVoltz	82.5	Kg	181.9	lbs	5/6/1994
Deadlift	Teresa DeVoltz	190.0	Kg	418.9	lbs	5/6/1994
Total	Teresa DeVoltz	405.0	Kg	892.9	lbs	5/6/1994

148lbs/67.5Kgs

Squat	Lori Steele	182.5	Kg	402.3	lbs	6/19/2010
Bench	Rachel Mathias	122.5	Kg	270.1	lbs	7/26/1996
Deadlift	Lori Steele	182.5	Kg	402.3	lbs	6/19/2010
Total	Lori Steele	472.5	Kg	1041.7	lbs	6/19/2010

165lbs/75Kgs

Squat	Lisa Denison	165.0	Kg	363.8	lbs	3/19/2005
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Bench	Jan Lentz	115.0	Kg	253.5	lbs	5/15/1992
Deadlift	Jan Lentz	170.0	Kg	374.8	lbs	5/15/1992
Total	Jan Lentz	447.5	Kg	986.6	lbs	5/12/1995

181lbs/82.5Kgs

Squat	LuAnn Rogers	192.5	Kg	424.4	lbs	5/15/1992
Bench	Jan Lentz	115.0	Kg	253.5	lbs	5/18/1991
Deadlift	LuAnn Rogers	205.0	Kg	451.9	lbs	5/15/1992
Total	LuAnn Rogers	500.0	Kg	1102.3	lbs	5/15/1992

198lbs/90Kgs

Squat	Janet Loveall	227.5	Kg	501.5	lbs	4/26/2009
Bench	Janet Loveall	145.0	Kg	319.7	lbs	1/24/2009
Deadlift	Janet Loveall	210.0	Kg	463.0	lbs	4/26/2009
Total	Janet Loveall	582.5	Kg	1284.2	lbs	4/26/2009

SHW/90+Kgs

Squat	Janet Loveall	200.0	Kg	440.9	lbs	12/13/2008
Bench	Janet Loveall	157.5	Kg	347.2	lbs	12/13/2008
Deadlift	Janet Loveall	195.0	Kg	429.9	lbs	12/13/2008
Total	Janet Loveall	552.5	Kg	1218.0	lbs	12/13/2008