

# American Women

## Single Lift Bench

Women's Open

Sunday, October 30, 2011

97lbs/44Kgs	Bench	Delcy Palk	82.5	Kg	181.9	lbs	2/22/1997
105lbs/48Kgs	Bench	April Shumaker	120.0	Kg	264.6	lbs	9/24/2010
114lbs/52Kgs	Bench	Mary Jeffrey	102.5	Kg	226.0	lbs	6/12/1999
123lbs/56Kgs	Bench	Jeri Lippert	100.0	Kg	220.5	lbs	3/2/1996
132lbs/60Kgs	Bench	Christina Williams	147.5	Kg	325.2	lbs	1/31/2009
148lbs/67.5Kgs	Bench	Leonetta Richardson	150.0	Kg	330.7	lbs	4/4/2009
165lbs/75Kgs	Bench	Mari Asp	157.5	Kg	347.2	lbs	8/13/2005
181lbs/82.5Kgs	Bench	Kelly Womack	150.0	Kg	330.7	lbs	10/23/2005
198lbs/90Kgs	Bench	Angela Martinez	140.0	Kg	308.6	lbs	8/5/2006
SHW/90+Kgs	Bench	Janet Loveall	157.5	Kg	347.2	lbs	12/13/2008