



# USPF Open Powerlifting Results

Competitor    Age    Weight    **Squat**    **Bench Press**    **Deadlift**    Total    Wilks

1st Lift 2nd Lift 3rd Lift 4th Lift    Best    1st Lift 2nd Lift 3rd Lift 4th Lift    Best    1st Lift 2nd Lift 3rd Lift 4th Lift    Best

## Women's Full Power

### Women's Open

#### 123lbs/56Kgs

Bonnie Aerts	51	119.05	60.00	0.00	0.00	0.00	60.00	30.00	0.00	0.00	0.00	30.00	125.00	130.50	132.50	0.00	132.50	222.50	268.96
			Yes	Done	Done			Yes	Done	Done			Yes	WR	WR				

#### 148lbs/67.5Kgs

Lori Steele	36	148.15	165.00	175.00	177.50	182.50	177.50	102.50	107.50	112.50	0.00	112.50	167.50	175.00	182.50	187.50	182.50	472.50	483.27
			AR	No	AR	WR		Yes	Yes	Yes	WR		AR	AR	AR	No			

#### 165lbs/75Kgs

Liz Freel	35	157.41	182.50	182.50	182.50	0.00	182.50	135.00	145.00	152.50	0.00	152.50	182.50	205.00	227.50	0.00	227.50	562.50	551.59
			No	No	AR			Yes	Yes	ARW			Yes	Yes	WR				

## Men's Full Power

### Men's Open

#### 165lbs/75Kgs

Tom Roselli	37	162.48	227.50	242.50	255.00	0.00	242.50	190.00	197.50	197.50	0.00	190.00	210.00	230.00	250.00	0.00	230.00	662.50	477.46
			Yes	Yes	No			Yes	No	No			Yes	Yes	No				

Cris Tabulina	55	164.46	192.50	202.50	202.50	0.00	192.50	145.00	152.50	157.50	0.00	157.50	230.00	235.00	240.00	0.00	240.00	590.00	421.61
			Yes	No	No			Yes	Yes	Yes			Yes	Yes	Yes				

#### 198lbs/90Kgs

Sean DiCataldo	42	197.31	290.00	297.50	0.00	0.00	297.50	185.00	195.00	207.50	0.00	207.50	280.00	295.00	315.00	0.00	295.00	800.00	511.84
			Yes	Yes	Done			Yes	Yes	Yes			Yes	Yes	No				

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			1st Lift	2nd Lift	3rd Lift	4th Lift	Best	1st Lift	2nd Lift	3rd Lift	4th Lift	Best	1st Lift	2nd Lift	3rd Lift	4th Lift			Best
<b>220lbs/100Kgs</b>																			
Dave Haggett	26	216.71	310.00	0.00	0.00	0.00	310.00	220.00	230.00	242.50	0.00	242.50	282.50	310.00	325.00	0.00	325.00	877.50	537.56
			Yes	Done	Done			Yes	Yes	Yes			Yes	Yes	Yes				
Auston Weinberg	21	217.59	265.00	292.50	292.50	0.00	292.50	185.00	192.50	205.00	0.00	192.50	250.00	275.00	280.00	0.00	275.00	760.00	464.82
			Yes	No	Yes			Yes	Yes	No			Yes	Yes	No				
Caleb Ellis	29	213.85	227.50	227.50	257.50	0.00	257.50	215.00	227.50	242.50	0.00	227.50	217.50	230.00	250.00	0.00	250.00	735.00	452.83
			No	Yes	Yes			Yes	Yes	No			Yes	Yes	Yes				
Travis Dankemeyer	32	215.17	317.50	317.50	317.50	0.00	0.00	210.00	0.00	0.00	0.00	0.00	270.00	0.00	0.00	0.00	0.00	0.00	0.00
			No	No	No			Out	Out	Out			Out	Out	Out				
<b>242lbs/110Kgs</b>																			
Chris Pappillion	30	241.62	340.00	350.00	365.00	0.00	350.00	255.00	272.50	292.50	300.00	292.50	305.00	327.50	342.50	0.00	327.50	970.00	571.33
			Yes	Yes	No			Yes	Yes	AR			Yes	Yes	No				
Dave Smiley	41	240.96	287.50	287.50	312.50	0.00	312.50	230.00	230.00	240.00	0.00	240.00	287.50	305.00	315.00	0.00	305.00	857.50	505.50
			No	Yes	Yes			No	Yes	WR			Yes	Yes	No				
Jim Prusha	41	239.20	310.00	310.00	320.00	0.00	320.00	247.50	267.50	267.50	0.00	247.50	260.00	272.50	282.50	0.00	282.50	850.00	502.27
			No	Yes	Yes			Yes	No	No			Yes	Yes	Yes				
Phil Andrews	55	241.40	240.00	270.00	270.00	0.00	270.00	205.00	222.50	222.50	0.00	205.00	300.00	300.00	320.00	0.00	300.00	775.00	456.63
			Yes	No	Yes			Yes	No	No			Yes	Yes	No				
<b>275lbs/125Kgs</b>																			
Mark Menslage	45	260.36	277.50	300.00	300.00	0.00	277.50	182.50	205.00	215.00	0.00	205.00	260.00	295.00	305.00	0.00	295.00	777.50	448.62
			Yes	No	No			Yes	Yes	No			Yes	Yes	No				
<b>308lbs/140Kgs</b>																			
Alan Aerts	54	279.54	125.00	0.00	0.00	0.00	125.00	195.00	205.00	215.00	230.50	215.00	125.00	0.00	0.00	0.00	125.00	465.00	264.17
			Yes	Done	Done			Yes	Yes	Yes			Yes	Done	Done				

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<b>SHW / 140+Kgs</b>																			
Lance Karabel	37	341.71	412.50	412.50	435.00	0.00	435.00	282.50	297.50	297.50	0.00	282.50	227.50	0.00	0.00	0.00	227.50	945.00	520.41
			No	Yes	Yes			Yes	No	No			Yes	Done	Done				