

American Men

Single Lift Bench

Sub-Masters (35-39)

Sunday, October 30, 2011

114lbs/52Kgs

Bench

Glenn Murphy

95.0

Kg

209.4

lbs

2/22/1997

123lbs/56Kgs

Bench

Jay Hadden

122.5

Kg

270.1

lbs

3/29/2008

132lbs/60Kgs

Bench

Jim Lawrence

157.5

Kg

347.2

lbs

3/2/1996

148lbs/67.5Kgs

Bench

Michael Hara

177.5

Kg

391.3

lbs

3/2/1996

165lbs/75Kgs

Bench

Dennis McLaughlin

195.0

Kg

429.9

lbs

12/11/2010

181lbs/82.5Kgs

Bench

Bob Masello

245.0

Kg

540.1

lbs

6/28/2006

198lbs/90Kgs

Bench

James Burdette

287.5

Kg

633.8

lbs

9/13/2008

220lbs/100Kgs

Bench

Scott Rowe

305.0

Kg

672.4

lbs

4/18/2009

242lbs/110Kgs

Bench

Dennis Reneau

320.5

Kg

706.6

lbs

9/25/2010

275lbs/125Kgs

Bench

Allen Baria

370.0

Kg

815.7

lbs

7/10/2011

308lbs/140kgs

Bench

Rich Lopez

292.5

Kg

644.8

lbs

4/26/2009

SHW/140+Kgs

Bench

Rich Lopez

330.0

Kg

727.5

lbs

2/20/2010

American Men Raw

Single Lift Bench

Sub-Masters (35-39)

Sunday, October 30, 2011

114lbs/52Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

123lbs/56Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

132lbs/60Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

148lbs/67.5Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

165lbs/75Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

181lbs/82.5Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

198lbs/90Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

220lbs/100Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

242lbs/110Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

275lbs/125Kgs

Bench

Record Open

0.0

Kg

0.0

lbs

308lbs/140kgs

Bench

Record Open

0.0

Kg

0.0

lbs

SHW/140+Kgs

Bench

Record Open

0.0

Kg

0.0

lbs