

American Men

Powerlifting

Sub-Masters (35-39)

114lbs/52Kgs

Squat	Glenn Murphy, Jr.	135.0	Kg	297.6	lbs	5/10/1996
Bench	Glenn Murphy, Jr.	92.5	Kg	203.9	lbs	5/10/1996
Deadlift	Glenn Murphy, Jr.	150.0	Kg	330.7	lbs	5/10/1996
Total	Glenn Murphy, Jr.	375.0	Kg	826.7	lbs	5/10/1996

123lbs/56Kgs

Squat	Greg Young	195.0	Kg	429.9	lbs	7/12/1997
Bench	Chul-Yun Kim	115.0	Kg	253.5	lbs	5/18/1991
Deadlift	Chul-Yun Kim	197.5	Kg	435.4	lbs	5/18/1991
Total	Chul-Yun Kim	457.5	Kg	1008.6	lbs	5/18/1991

132lbs/60Kgs

Squat	Greg Young	215.0	Kg	474.0	lbs	7/24/1999
Bench	Jonathan Arenberg	135.0	Kg	297.6	lbs	7/12/1997
Deadlift	Jonathan Arenberg	205.0	Kg	451.9	lbs	7/12/1997
Total	Jonathan Arenberg	537.5	Kg	1185.0	lbs	7/12/1997

148lbs/67.5Kgs

Squat	Scott Layman	272.5	Kg	600.8	lbs	2/16/2008
Bench	Scott Layman	177.5	Kg	391.3	lbs	8/9/2006
Deadlift	Lloyd Weinstein	272.5	Kg	600.8	lbs	7/27/1996
Total	Scott Layman	680.0	Kg	1499.1	lbs	6/28/2008

165lbs/75Kgs

Squat	Rickey Dale Crain	333.4	Kg	735.0	lbs	6/27/1992
Bench	Tom Roselli	197.5	Kg	435.4	lbs	3/21/2010
Deadlift	Rickey Dale Crain	305.0	Kg	672.4	lbs	12/14/1991
Total	Rickey Dale Crain	792.5	Kg	1747.1	lbs	12/14/1991

181lbs/82.5Kgs

Squat	Dennis Cook	272.5	Kg	600.8	lbs	5/16/1992
Bench	Brian Pacheco	183.0	Kg	403.4	lbs	6/7/2009
Deadlift	John Tyree	292.5	Kg	644.8	lbs	5/15/1993
Total	John Tyree	717.5	Kg	1581.8	lbs	5/15/1993

198lbs/90Kgs

Squat	Sylvester Anderson	315.0	Kg	694.4	lbs	5/11/1996
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Bench	Brian Pacheco	215.0	Kg	474.0	lbs	3/6/2010
Deadlift	John Dorsten	315.0	Kg	694.4	lbs	5/5/1997
Total	Sylvester Anderson	802.5	Kg	1769.2	lbs	5/11/1996

220lbs/100Kgs

Squat	Mike Mastrean	387.5	Kg	854.3	lbs	8/19/2006
Bench	Davon Brazil	228.0	Kg	502.6	lbs	6/19/2010
Deadlift	Davon Brazil	325.5	Kg	717.6	lbs	6/19/2010
Total	Mike Mastrean	937.5	Kg	2066.8	lbs	8/19/2006

242lbs/110Kgs

Squat	Gil Thompson	350.0	Kg	771.6	lbs	5/19/1991
Bench	Gil Thompson	260.0	Kg	573.2	lbs	5/19/1991
Deadlift	David Muro	332.5	Kg	733.0	lbs	7/4/2009
Total	Gil Thompson	917.5	Kg	2022.7	lbs	5/19/1991

275lbs/125Kgs

Squat	Scott Smith	395.0	Kg	870.8	lbs	6/29/2008
Bench	Scott Smith	312.5	Kg	688.9	lbs	6/29/2008
Deadlift	Scott Smith	337.5	Kg	744.1	lbs	6/29/2008
Total	Scott Smith	1045.0	Kg	2303.8	lbs	6/29/2008

308lbs/140kgs

Squat	Scott Cartwright	440.0	Kg	970.0	lbs	1/24/2009
Bench	Scott Cartwright	300.0	Kg	661.4	lbs	1/24/2009
Deadlift	Carlton Saunders	347.5	Kg	766.1	lbs	4/23/2005
Total	Scott Cartwright	1057.5	Kg	2331.4	lbs	1/24/2009

SHW/140+Kgs

Squat	Scott Cartwright	465.0	Kg	1025.1	lbs	4/26/2009
Bench	Scott Cartwright	320.0	Kg	705.5	lbs	4/28/2009
Deadlift	Jack Pugh	344.5	Kg	759.5	lbs	2/27/1993
Total	Scott Cartwright	1120.0	Kg	2469.2	lbs	4/26/2009