

American Men

Powerlifting

Junior (13-15)

114lbs/52Kgs

Squat	Trey Cunningham	180.5	Kg	397.9	lbs	7/12/1997
Bench	Jon Shorr	120.0	Kg	264.6	lbs	6/28/1985
Deadlift	Roderic Gillen	162.5	Kg	358.2	lbs	8/9/1986
Total	B. Hall	417.5	Kg	920.4	lbs	4/14/1984

123lbs/56Kgs

Squat	J. Okubo	182.5	Kg	402.3	lbs	8/1/1981
Bench	Howard Miller	102.5	Kg	226.0	lbs	8/6/1982
Deadlift	Carl Carlson	172.5	Kg	380.3	lbs	6/28/1985
Total	Howard Miller	430.0	Kg	948.0	lbs	8/6/1982

132lbs/60Kgs

Squat	Eric Poulin	215.0	Kg	474.0	lbs	8/4/1990
Bench	Dan Johnson	122.5	Kg	270.1	lbs	8/5/1983
Deadlift	Giorgio Usai	202.5	Kg	446.4	lbs	3/12/1994
Total	Eric Poulin	505.0	Kg	1113.3	lbs	8/4/1990

148lbs/67.5Kgs

Squat	Pete Bounds	206.5	Kg	455.2	lbs	3/2/1991
Bench	S. Friday	147.5	Kg	325.2	lbs	2/25/1984
Deadlift	Francis Gervasio	230.0	Kg	507.1	lbs	6/28/1995
Total	Francis Gervasio	512.5	Kg	1129.9	lbs	6/28/1985

165lbs/75Kgs

Squat	Rodney Whitehead	240.0	Kg	529.1	lbs	8/6/1982
Bench	K. Lee	143.5	Kg	316.4	lbs	8/6/1982
Deadlift	Rodney Whitehead	252.5	Kg	556.7	lbs	8/6/1982
Total	Rodney Whitehead	605.0	Kg	1333.8	lbs	8/6/1982

181lbs/82.5Kgs

Squat	Keith Drake	215.0	Kg	474.0	lbs	2/1/1986
Bench	Brian Critchfield	145.0	Kg	319.7	lbs	4/3/1993
Deadlift	B. Bozinis	222.5	Kg	490.5	lbs	8/4/1990
Total	Keith Drake	537.5	Kg	1185.0	lbs	2/1/1986

198lbs/90Kgs

Squat	Brian Critchfield	247.5	Kg	545.6	lbs	3/13/1994
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Bench	Brian Critchfield	162.5	Kg	358.2	lbs	3/13/1994
Deadlift	S. Keller	260.0	Kg	573.2	lbs	8/6/1982
Total	Brian Critchfield	637.5	Kg	1405.4	lbs	3/13/1994

220lbs/100Kgs

Squat	Mike Kykendal	242.5	Kg	534.6	lbs	8/2/1987
Bench	L. Pritchett	165.5	Kg	364.9	lbs	7/21/1990
Deadlift	Allen Wentworth	247.5	Kg	545.6	lbs	12/4/1982
Total	Mike Kykendal	640.0	Kg	1410.9	lbs	8/2/1987

242lbs/110Kgs

Squat	Tavita Sagapolu	290.0	Kg	639.3	lbs	8/2/1981
Bench	Tavita Sagapolu	165.0	Kg	363.8	lbs	8/2/1981
Deadlift	Tavita Sagapolu	275.0	Kg	606.3	lbs	8/2/1981
Total	Tavita Sagapolu	730.0	Kg	1609.4	lbs	8/2/1981

275lbs/125Kgs

Squat	B. Jeffries	250.0	Kg	551.2	lbs	7/30/1989
Bench	Hunter Poole	150.0	Kg	330.7	lbs	3/25/2006
Deadlift	M. Smith	265.0	Kg	584.2	lbs	8/2/1987
Total	B. Jeffries	605.0	Kg	1333.8	lbs	7/30/1989

308lbs/140kgs

Squat	Open Record	0.0	Kg	0.0	lbs	
Bench	Open Record	0.0	Kg	0.0	lbs	
Deadlift	Open Record	0.0	Kg	0.0	lbs	
Total	Open Record	0.0	Kg	0.0	lbs	

SHW/140+Kgs

Squat	Jason Wisner	320.0	Kg	705.5	lbs	8/7/1988
Bench	Jason Wisner	182.5	Kg	402.3	lbs	8/7/1988
Deadlift	Jason Wisner	292.5	Kg	644.8	lbs	8/7/1988
Total	Jason Wisner	795.0	Kg	1752.7	lbs	8/7/1988

Junior (16-17)

114lbs/52Kgs

Squat	Sean Augustin	181.5	Kg	400.1	lbs	3/14/1987
Bench	Harold Escobedo	127.5	Kg	281.1	lbs	8/9/1980
Deadlift	Fred Toins	205.0	Kg	451.9	lbs	8/1/1981
Total	Harold Escobedo	457.5	Kg	1008.6	lbs	8/9/1980

123lbs/56Kgs

Squat	G. Mumford	197.5	Kg	435.4	lbs	4/14/1979
Bench	Scott Frostbaum	127.5	Kg	281.1	lbs	6/17/1978
Deadlift	Timothy Taylor	212.5	Kg	468.5	lbs	6/2/1984
Total	Timothy Taylor	482.5	Kg	1063.7	lbs	6/2/1984

132lbs/60Kgs

Squat	Eric Poulin	250.0	Kg	551.2	lbs	5/1/1992
Bench	Howard Miller	137.5	Kg	303.1	lbs	6/2/1984
Deadlift	Howard Miller	227.5	Kg	501.5	lbs	6/2/1984
Total	Howard Miller	585.0	Kg	1289.7	lbs	6/2/1984

148lbs/67.5Kgs

Squat	Shawn Franklin	255.0	Kg	562.2	lbs	3/2/1991
Bench	Ron Melquist	160.0	Kg	352.7	lbs	8/9/1986
Deadlift	Frank Wanzo	250.0	Kg	551.2	lbs	4/27/1985
Total	S. Schneider	640.0	Kg	1410.9	lbs	8/27/1984

165lbs/75Kgs

Squat	Chris Coldwell	265.0	Kg	584.2	lbs	7/27/1989
Bench	Randy Sanzone	172.5	Kg	380.3	lbs	8/6/1983
Deadlift	Bobby Fowlkes	282.5	Kg	622.8	lbs	6/29/1985
Total	Ricco Impastato	657.5	Kg	1449.5	lbs	8/6/1988

181lbs/82.5Kgs

Squat	J. R. Bosarge	275.0	Kg	606.3	lbs	10/6/1990
Bench	Michael Hulkan	182.5	Kg	402.3	lbs	8/9/1986
Deadlift	Rodney Whitehead	297.5	Kg	655.9	lbs	8/5/1984
Total	Rodney Whitehead	690.0	Kg	1521.2	lbs	8/5/1984

198lbs/90Kgs

Squat	Robert Eucher	283.5	Kg	625.0	lbs	3/23/1991
Bench	Joe Ladnier	192.5	Kg	424.4	lbs	8/2/1981
Deadlift	Joe Ladnier	292.5	Kg	644.8	lbs	8/2/1981

Total	Joe Ladnier	760.0	Kg	1675.5	lbs	8/2/1991
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220lbs/100Kgs

Squat	S. Grimes	320.0	Kg	705.5	lbs	2/27/1988
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Bench	M. Byrd	215.0	Kg	474.0	lbs	3/3/1984
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Deadlift	William McMillian	317.5	Kg	700.0	lbs	6/29/1985
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Total	S. Grimes	772.5	Kg	1703.1	lbs	2/21/1988
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242lbs/110Kgs

Squat	Dave Pasanella	320.0	Kg	705.5	lbs	8/10/1980
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Bench	Dave Pasanella	200.0	Kg	440.9	lbs	8/10/1980
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Deadlift	Dave Pasanella	312.5	Kg	688.9	lbs	8/10/1980
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Total	Dave Pasanella	832.5	Kg	1835.3	lbs	8/10/1980
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275lbs/125Kgs

Squat	Allen Wentworth	338.4	Kg	746.0	lbs	11/4/1984
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Bench	Allen Wentworth	214.3	Kg	472.4	lbs	11/4/1984
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Deadlift	Allen Wentworth	287.0	Kg	632.7	lbs	11/4/1984
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Total	Allen Wentworth	839.7	Kg	1851.2	lbs	11/4/1984
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308lbs/140kgs

Squat	David Ortega	222.5	Kg	490.5	lbs	5/19/2007
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Bench	David Ortega	157.5	Kg	347.2	lbs	8/11/2007
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Deadlift	David Ortega	240.0	Kg	529.1	lbs	8/11/2007
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Total	David Ortega	620.0	Kg	1366.9	lbs	8/11/2007
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SHW/140+Kgs

Squat	Jason Wisner	380.0	Kg	837.7	lbs	3/3/1990
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Bench	Jason Wisner	212.5	Kg	468.5	lbs	3/3/1990
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Deadlift	Jason Wisner	317.5	Kg	700.0	lbs	3/3/1990
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Total	Jason Wisner	910.0	Kg	2006.2	lbs	3/3/1990
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Junior (18-19)

114lbs/52Kgs

Squat	Trey Cunningham	180.5	Kg	397.9	lbs	7/12/1997
Bench	Harold Escobedo	145.0	Kg	319.7	lbs	6/4/1982
Deadlift	Philip Hile	200.0	Kg	440.9	lbs	8/9/1986
Total	Harold Escobedo	508.5	Kg	1121.0	lbs	6/4/1982

123lbs/56Kgs

Squat	Lance Mays	215.0	Kg	474.0	lbs	3/20/1993
Bench	F. Wilson	133.5	Kg	294.3	lbs	3/27/1984
Deadlift	Roman Garcia	220.0	Kg	485.0	lbs	11/13/2004
Total	Lance Mays	545.0	Kg	1201.5	lbs	3/20/1993

132lbs/60Kgs

Squat	Michael Kimura	227.5	Kg	501.5	lbs	8/9/2006
Bench	Michael Kimura	147.5	Kg	325.2	lbs	8/9/2006
Deadlift	D. Gray	252.5	Kg	556.7	lbs	4/13/1979
Total	Michael Kimura	575.0	Kg	1267.6	lbs	8/9/1986

148lbs/67.5Kgs

Squat	Jesse Kellum	272.5	Kg	600.8	lbs	6/1/1985
Bench	Chris Follenius	177.5	Kg	391.3	lbs	2/7/1987
Deadlift	H. Hoffman	272.5	Kg	600.8	lbs	8/1/1981
Total	Ty Stapleton	672.5	Kg	1482.6	lbs	4/5/1986

165lbs/75Kgs

Squat	Calvin Dial	297.5	Kg	655.9	lbs	5/2/1992
Bench	Donald Robbins	185.0	Kg	407.9	lbs	4/11/1987
Deadlift	Vinson Kryhea	307.5	Kg	677.9	lbs	8/1/1981
Total	L. Kee	747.5	Kg	1647.9	lbs	8/7/1982

181lbs/82.5Kgs

Squat	Patrick Roche	310.0	Kg	683.4	lbs	8/2/1987
Bench	Tim Knauber	194.7	Kg	429.2	lbs	6/2/1984
Deadlift	Rodney Whitehead	310.0	Kg	683.4	lbs	8/10/1986
Total	Patrick Roche	730.0	Kg	1609.4	lbs	8/2/1987

198lbs/90Kgs

Squat	Scott Smith	345.0	Kg	760.6	lbs	8/18/1990
Bench	Jim Benson Jr.	227.5	Kg	501.5	lbs	12/3/2005
Deadlift	Chip McCain	317.5	Kg	700.0	lbs	8/18/1990

Total	Scott Smith	855.0	Kg	1884.9	lbs	8/18/1990
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220lbs/100Kgs

Squat	Joe Ladnier	380.0	Kg	837.7	lbs	7/24/1983
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Bench	Joe Ladnier	237.5	Kg	523.6	lbs	7/24/1983
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Deadlift	Joe Ladnier	340.0	Kg	749.6	lbs	7/24/1983
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Total	Joe Ladnier	957.5	Kg	2110.9	lbs	7/24/1983
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242lbs/110Kgs

Squat	Mark Schellen	365.0	Kg	804.7	lbs	8/2/1981
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Bench	Derryl Mallard	228.0	Kg	502.6	lbs	8/19/1989
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Deadlift	Dave Pasanella	340.0	Kg	749.6	lbs	8/2/1981
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Total	Mark Schellen	917.5	Kg	2022.7	lbs	8/2/1981
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275lbs/125Kgs

Squat	Kyle Brown	382.5	Kg	843.3	lbs	6/30/1985
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Bench	Dave Pasanella	235.0	Kg	518.1	lbs	8/8/1982
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Deadlift	Dave Pasanella	355.5	Kg	783.7	lbs	8/8/1982
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Total	Kyle Brown	932.5	Kg	2055.8	lbs	6/6/1985
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308lbs/140kgs

Squat	Danny Flonta	320.0	Kg	705.5	lbs	2/16/2008
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Bench	Danny Flonta	255.0	Kg	562.2	lbs	2/16/2008
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Deadlift	Danny Flonta	292.5	Kg	644.8	lbs	2/16/2008
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Total	Danny Flonta	867.5	Kg	1912.5	lbs	2/16/2008
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SHW/140+Kgs

Squat	Frank Achtsam	352.5	Kg	777.1	lbs	4/8/2000
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Bench	Anthony Clark	277.5	Kg	611.8	lbs	8/10/1986
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Deadlift	George Hechter	330.0	Kg	727.5	lbs	8/2/1981
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Total	George Hechter	895.0	Kg	1973.1	lbs	8/2/1981
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Junior (20-23)

114lbs/52Kgs

Squat	Michael Waton	157.5	Kg	347.2	lbs	4/10/1993
Bench	Anthony Jenkins	100.0	Kg	220.5	lbs	10/12/1996
Deadlift	Anthony Jenkins	182.5	Kg	402.3	lbs	10/12/1996
Total	Anthony Jenkins	430.0	Kg	948.0	lbs	10/12/1996

123lbs/56Kgs

Squat	Clarence Fielder	190.0	Kg	418.9	lbs	9/4/1991
Bench	Clarence Fielder	130.0	Kg	286.6	lbs	9/4/1991
Deadlift	Clarence Fielder	220.0	Kg	485.0	lbs	9/4/1991
Total	Clarence Fielder	540.0	Kg	1190.5	lbs	9/4/1991

132lbs/60Kgs

Squat	Robert Wood	218.0	Kg	480.6	lbs	7/12/1997
Bench	Red Sandoval	150.0	Kg	330.7	lbs	4/10/1993
Deadlift	James Benemerito	245.0	Kg	540.1	lbs	5/1/1992
Total	James Benemerito	595.0	Kg	1311.7	lbs	5/1/1992

148lbs/67.5Kgs

Squat	T.J. Hoerner	295.0	Kg	650.4	lbs	4/8/2000
Bench	Wade Hooper	155.0	Kg	341.7	lbs	5/1/1992
Deadlift	T.J. Hoerner	272.5	Kg	600.8	lbs	7/24/1999
Total	T.J. Hoerner	707.5	Kg	1559.8	lbs	7/24/1999

165lbs/75Kgs

Squat	Matt Jenkins	265.0	Kg	584.2	lbs	5/2/1992
Bench	Scott Spivey	172.5	Kg	380.3	lbs	10/12/1996
Deadlift	Duanne McMillon	252.5	Kg	556.7	lbs	10/30/1993
Total	Matt Jenkins	657.5	Kg	1449.5	lbs	5/2/1992

181lbs/82.5Kgs

Squat	Patrick Roche	337.5	Kg	744.1	lbs	5/2/1992
Bench	Michael Srokowski	177.5	Kg	391.3	lbs	6/19/2010
Deadlift	Shawn Hoover	292.5	Kg	644.8	lbs	4/11/1993
Total	Patrick Roche	790.0	Kg	1741.6	lbs	5/2/1992

198lbs/90Kgs

Squat	Ricky Williams	342.5	Kg	755.1	lbs	5/3/1992
Bench	Trenton Wade	220.0	Kg	485.0	lbs	6/25/2005
Deadlift	M. Mitchell	295.0	Kg	650.4	lbs	5/3/1992

Total	Ricky Williams	795.0	Kg	1752.7	lbs	5/3/1992
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220lbs/100Kgs

Squat	Phillip Farmer	337.5	Kg	744.1	lbs	5/3/1992
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Bench	Richard Pinelli	230.0	Kg	507.1	lbs	3/1/2007
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Deadlift	Phillip Farmer	320.0	Kg	705.5	lbs	5/3/1992
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Total	Phillip Farmer	872.5	Kg	1923.5	lbs	5/3/1992
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242lbs/110Kgs

Squat	Larry Brown	360.0	Kg	793.7	lbs	10/31/1993
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Bench	Scott Smith	230.0	Kg	507.1	lbs	10/31/1993
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Deadlift	Chris Dahlen	332.5	Kg	733.0	lbs	11/15/2003
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Total	Scott Smith	910.0	Kg	2006.2	lbs	10/31/1993
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275lbs/125Kgs

Squat	Scott Smith	368.5	Kg	812.4	lbs	7/31/1994
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Bench	Mike Womack	312.5	Kg	688.9	lbs	6/18/2005
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Deadlift	Scott Smith	322.5	Kg	711.0	lbs	7/31/1994
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Total	Scott Smith	930.0	Kg	2050.3	lbs	7/31/1994
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308lbs/140kgs

Squat	Chadwick Cornett	352.5	Kg	777.1	lbs	12/6/2003
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Bench	Brian Siders	272.5	Kg	600.8	lbs	3/30/2000
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Deadlift	Brian Siders	305.0	Kg	672.4	lbs	3/30/2000
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Total	Brian Siders	870.0	Kg	1918.0	lbs	3/30/2000
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SHW/140+Kgs

Squat	Shane Hamman	457.5	Kg	1008.6	lbs	3/10/1996
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Bench	Shane Hamman	250.0	Kg	551.2	lbs	7/23/1995
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Deadlift	Daniel Troxler	322.5	Kg	711.0	lbs	8/22/1992
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Total	Shane Hamman	1020.0	Kg	2248.7	lbs	7/23/1995
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